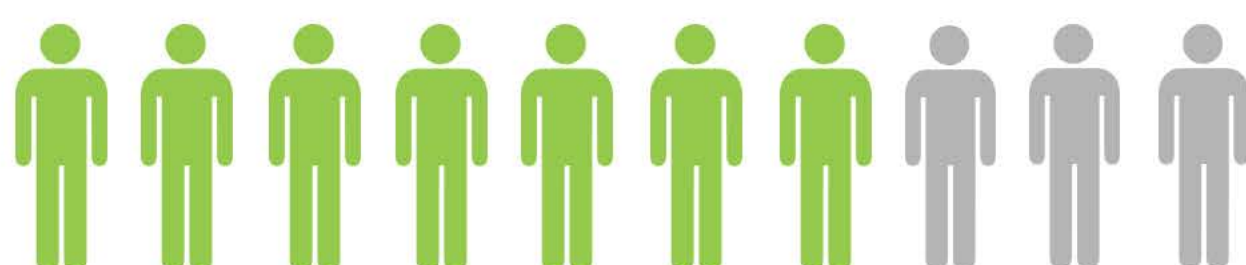


Our Eyes Are Important

They're our windows to the world. They help us see what's around us—at work, at home, at school, and more.

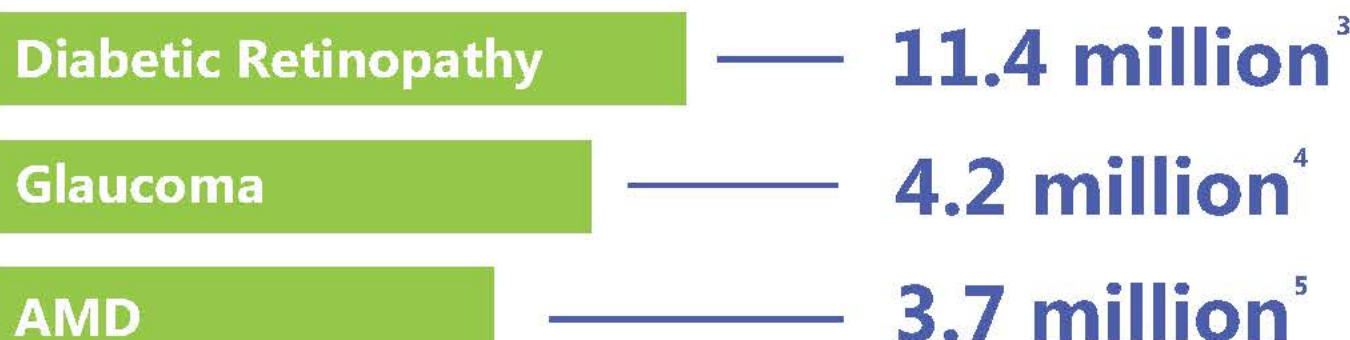
In fact, more than **70%** of adults report that loss of eyesight would have the greatest impact on everyday life.¹



But our eye health isn't always a priority.

An estimated **61 million** adults in the U.S. are at high risk for serious vision loss.²

Projections for Eye Diseases by 2030



About 10% of adults have never had an eye exam. Of those, **60%** say it's because they don't think they have an eye problem.⁶



More than **800,000** eye injuries occur in the workplace each year.⁷



Every **13 minutes**, someone in the U.S. goes to the hospital for a sports-related eye injury.⁸



Start protecting your eyes today.



Get a Dilated Eye Exam



Live a Healthy Lifestyle



Know Your Family History



Use Protective Eyewear



Wear Sunglasses

HEALTHY
VISION
TIP

NIH National Eye Institute

www.nei.nih.gov/hvm

Sources

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2. http://www.cdc.gov/visionhealth/basic_information/fast_facts.htm
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