

WHAT HISPANICS/LATINOS NEED TO KNOW ABOUT

LOW VISION

YOU MAY HAVE LOW VISION IF YOU HAVE DIFFICULTY:

- Recognizing faces
- Getting around the neighborhood
- Reading mail
- Shopping
- Cooking

... even with regular glasses, contact lenses, medicine, or surgery.



CAUSES OF LOW VISION

- Eye disease
- Birth defects
- Eye injuries



VISION REHABILITATION CAN HELP

There are services that help people with low vision make the most of their remaining vision and stay independent by teaching them how to:

- Move safely around the home.
- Continue to read, cook, and do other activities.
- Find resources, adaptive devices, and support.



WHERE TO TURN FOR SUPPORT

- An eye doctor
- A vision rehabilitation specialist
- Family
- Local service agency for the blind

**IF YOU THINK YOU
HAVE LOW VISION,
SEE YOUR EYE CARE
PROFESSIONAL.**

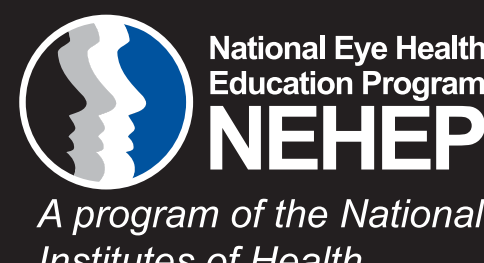


For more information about eye health, visit www.nei.nih.gov/lowvision/espanol

Source: National Eye Institute, 2015



National Eye Institute



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