

# What is low vision?

It is when—even with regular glasses, contact lenses, medicine, or surgery—people find everyday tasks difficult to do.

## What causes low vision?

Low vision is usually caused by—



Eye diseases or health disorders

Eye injuries



Birth defects



## What are the numbers?

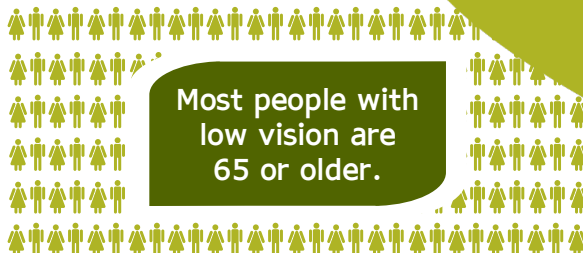


2.9 million Americans have low vision.

72%

Expected to increase 72 percent by 2030.

Most people with low vision are 65 or older.



## What can I do?



See an eye care professional.

Learn about vision rehabilitation.

Get a good support team—You, your primary eye care professional, a specialist in low vision, and your rehabilitation specialists.



## What is vision rehabilitation?

### Vision rehabilitation services

Services that help people make the most of their vision and keep their independence by teaching them how to—

- Move safely around the home.
- Carry out daily living skills safely.
- Find resources and support.
- Use magnifiers and other adaptive devices.

Source: National Eye Institute, 2013

Where can I learn more?  
Visit [www.nei.nih.gov/lowvision](http://www.nei.nih.gov/lowvision)

