

GLAUCOMA IN HISPANICS/LATINOS

WHAT IS GLAUCOMA?



Glaucoma is a group of eye diseases that can damage the optic nerve.



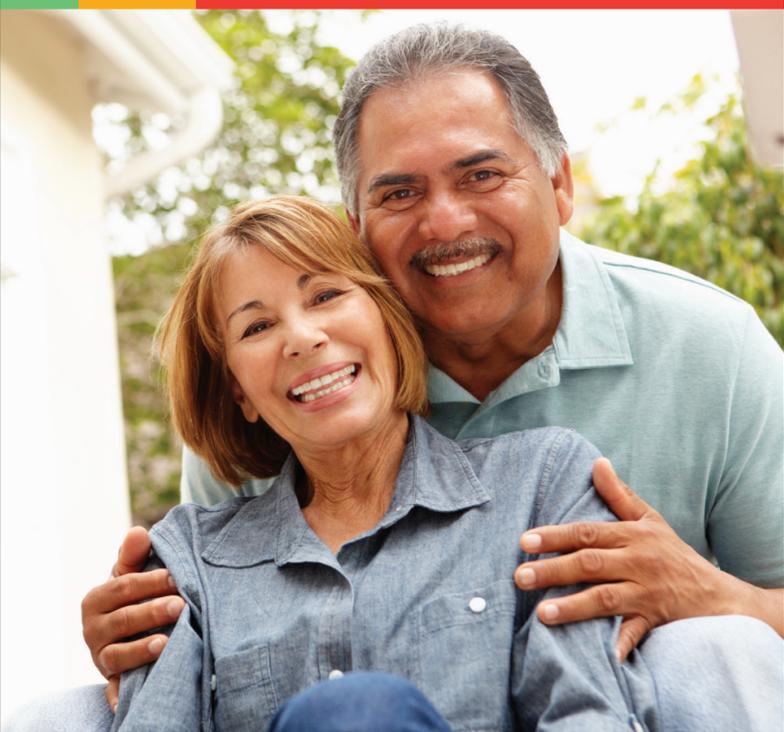
The optic nerve is a bundle of fibers that carries messages from the eye to the brain.

HOW CAN GLAUCOMA AFFECT MY VISION?

▶ Glaucoma affects **peripheral**, or side, **vision**.

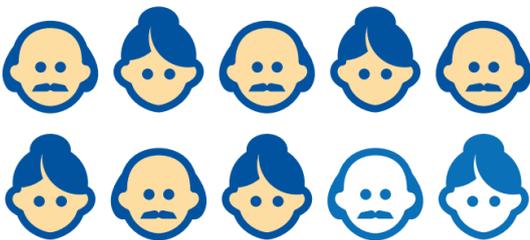
▶ Left untreated, it can lead to **complete vision loss** and blindness.

▶ Vision loss from glaucoma **cannot be restored**.

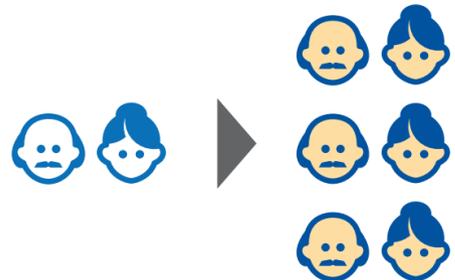


THERE ARE OFTEN NO SYMPTOMS IN ITS EARLY STAGES

HOW DOES GLAUCOMA AFFECT HISPANICS/LATINOS?



Eight out of every ten Hispanics/Latinos with glaucoma do not know they have it.



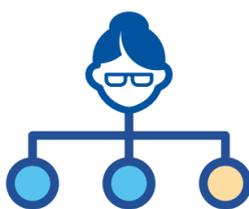
By the year 2030, the number of Hispanics/Latinos age 40 and older with glaucoma will have **nearly tripled**.

WHO IS AT RISK FOR GLAUCOMA?

▶ Everyone **age 60 and older**, especially Hispanics/Latinos

60+

▶ People with a **family history** of glaucoma



▶ People with **diabetes**



WHAT CAN I DO?

▶ Get a **comprehensive dilated eye exam** every one to two years.

▶ Visit **www.nei.nih.gov/glaucoma** for more information.

